



A GLIMPSE OF OUR CONFERENCE 2011

Conference Information:

Date:	Friday 11 th November and Saturday 12 th November 2011
Venue:	Wanganui Function Centre, Wanganui Racecourse Purnell St, Wanganui
Website:	Visit the conference page at www.sands.org.nz
Conference Co-ordinator:	Catherine Brönnimann and Amanda Weck Email: sandscon2011@gmail.com
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Conference Overview: Please note, this program is incomplete with more speakers yet to be confirmed. It is also subject to change at any time.

We have three concurrent streams, for professionals, parents and an art stream. Sessions will be open to all attendees as crossover is inevitable and welcomed.

THIS CONFERENCE WILL ATTRACT 5 PROFESSIONAL ACTIVITY POINTS AS PART OF THE
MIDWIFERY COUNCIL RECERTIFICATION PROGRAMME FOR THOSE ATTENDING

Friday 11 November

8.00 – 9.30	Breakfast and registration
9.30 – 10.15	Welcome - Powhiri
10.15 - 10.35	Morning Tea
10.40 - 11.00	Her Honor the Mayor of Wanganui, Annette Main
11.00 – 11.10	Introduction
11.11 – 12.30	Conference Begins - Keynote Speaker
12.30 - 1.15	Panel
1.15 – 1.45	Lunch
1.45 – 2.45	Plenary sessions A, B & C
2.45 – 3.45	Plenary sessions A, B & C
3.45 – 4.00	Afternoon Tea
4.00 – 5.00	Plenary Sessions A, B & C
	Break
6.00 – 7.00	Memorial Service, St Paul's Presbyterian Church
7.00 – 9.00	Brick House Dinner (optional)

Saturday 12 November

8.00 – 9.00	Breakfast and registration
9.00 – 10.00	Keynote Speaker
10.00	Interlude
10.15 - 10.30	Morning Tea
10.30 – 11.45	Keynote Speaker
11.45 – 12.45	Panel
12.45	Interlude
12.45 – 1.30	Lunch
1.30 – 2.30	Plenary sessions A, B & C
2.30 – 3.30	Plenary sessions A, B & C
3.30 – 3.45	Afternoon Tea
4.00 – 5.00	Plenary Sessions A, B & C
	Break
7.00 - Late	Gala Dinner (\$55.00 per head)

PRESENTERS/SPEAKERS: (subject to change at any time)

- Amy Kuebelbeck, USA. Author of *Waiting with Gabriel* and *A Gift of Time*. A look at the fast growing movement of Perinatal Hospice.
- Dr Joanne Cacciatore, USA. (Telecast) Bereaved mother and founder of international child loss support organization, the MiSS Foundation. 'Sitting with Suffering; The Alchemy of Full Presence.' Providers suffer when confronted with death, particularly untimely and traumatic perinatal death. This suffering, unless engaged in a mindful and aware manner, can interfere with their ability to sit with a patient's experiences.
- Peter Barr, Australia. Senior Staff Physician in Neonatology at the Royal Alexandra Hospital for Children, Sydney. – 'Perinatal Loss, Mine, Yours and Ours?' Facilitator of the fathers panel.
- Glenda Stimpson, Senior Midwife, Elizabeth Bilton, Midwife – National Women's Hospital, Auckland. 'What Midwives do Best!' A look at the bereavement service provided at National Women's Health at Auckland City Hospital and how midwives best support families who are suffering perinatal loss.
- Dr. Vicki Culling, Sands Wellington – 'But it wasn't a real baby; Disenfranchised Grief and Baby Loss'
- Robyn McDougall, Midwife. Panel: 'Let's Talk About Peer Support Among Midwives: Coping With Our Grief.' Regional midwives talk about their experiences and grief when helping families.
- Fathers Panel – Facilitated by Dr Peter Barr. Fathers have an opportunity to share their side of the baby loss experience. Often overlooked, this panel is aimed at helping us understand how to better support the men who suffer the loss of a baby.
- Parents Panel – A panel of Sands parents will provide the opportunity for all to ask questions & open discussion on all aspects of baby loss. This is a unique opportunity to gain a broad base of information as parents with differing experiences share their grief journeys.
- Rosie Smith, MNZAC, PND Support Wellington - 'I Just Need to Talk About It and Understand.' This presentation will look at Perinatal Distress/depression (PND), who might be experiencing it and why it is important to those who work with or experience perinatal loss.

- Wanda Brittain – Celebrant. ‘Let’s Talk About the Ceremony: The True Beginning of the Healing Process.’ Empowering grieving parents and families through the beginning of their journey of grief.
- Hinemoana Baker, musician, writer, sound artist - Let’s talk about Gay and Lesbian Loss. Hinemoana looks at the complexities and diversity of perinatal loss and how we can best support and help same sex couples create their family.
- Ailke Botha, DPhil Psychology - Building resilience after perinatal loss. A practical model for building resilience will be presented. Resilience is a key to manage trauma, adjust to change and cope with everyday challenges, and has a major impact on wellbeing and mental health.
- Dempsey and Forrest Funeral Home Tour - Julie Kenny Julie takes us behind the scenes to show the workings of a funeral home and how she takes care of Wanganui’s treasured babies.
- Linda Karlin, Skylight - Not too young to grieve; Supporting young children after the loss of a newborn sibling.
- Prof R Glynn Owens and Sylvia Barnes - Women's experiences with miscarriage. Exploring research into the impact miscarriage has on New Zealand women. Findings indicated clearly that miscarriage has a lasting psychological effect, and that there is a need for greater acknowledgement that grief may not always be short term, and that there is a pressing need to ensure professionals are sensitive to the emotional needs of women following miscarriage.
- Carolyn McIlwraith, Senior Counsellor and Youth Specialist – ‘Let’s talk about it, Termination for Abnormality’. Carolyn will explore the emotional impacts of seeking an abortion for foetal abnormalities and what parents may experience and feel having to make such a decision. She looks at the feelings of guilt and shame about the ‘choice’ they make and the tendency to perceive that their loss, although incredibly difficult, is not as tragic as those who have ‘really lost’ a child.
- Gail Austin, Christina Cuncarr and Anne Chapman, Charge Midwife Managers – ‘How Wellington Hospital is Talking About It; Two New Initiatives’. Discussing two new initiatives around a) an effective and sensitive means of gaining feedback from bereaved families about their care, and b) developing and providing an informative and interactive education session for midwifery and nursing staff providing care for families at a time of perinatal loss.
- Carol Goldie-Anderson - Seasons™ program National Co-ordinator. ‘The Value of Talking About it.’ Carol explores research undertaken recently to evaluate the effectiveness of the Seasons™ program providing insights into concerns parents hold for their grieving children, and what they hope to gain for their children and themselves from the Seasons™ program.
- Russell Withers, Director, Interactive Drawing Therapy. Interactive Drawing Therapy (IDT) uses right-brain drawing and writing techniques to complement and extend the more common left-brain talking and cognitive processes. IDT accesses wise and resourceful parts of the unconscious, and provides us with new tools for understanding and working with the therapeutic process. By externalizing onto the page, clients change their perceptions about themselves, their experiences and their world of possibilities. Russell will facilitate a IDT session.
- Claire Laurenson, Griefrelief – ‘Let’s Talk About Making Memories.’ Clare gives us practical ideas for making memories of our loved ones.

Please contact us for a comprehensive Biography of Speakers and their topics, along with an up to date programme of sessions.